

# How to Play the Duduk



## A simple introduction into the Duduk and how to play it for beginners.

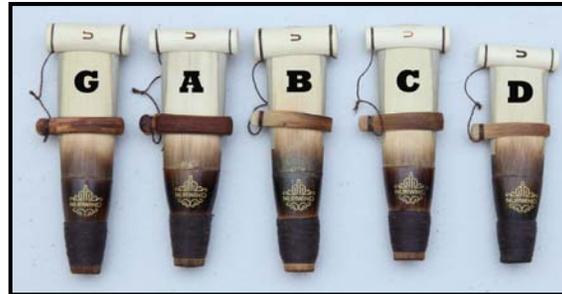


Duduks are made of apricot wood and are available in the keys G, A, B, H, C, D, and F. The traditional duduk spans one octave and two notes while there are keyed Duduks that span up to two full octaves.

(1)

# About the Ghamish

(Reed)



The Ghamish is made from bamboo and is available in different sizes and strengths.

Each key duduk has its own sized Ghamish.

For example, G Duduks require a G Ghamish, the A Duduk requires an A Ghamish, etc. Nurwind Ghamishes are available in three strengths: Easy(#1), Medium (#2), and Hard (#3).

The Ghamish comes prepared with its own tuning ligature (Parda) and fitted cap (Ptkal).

The ligature and cap are fitted to each and every Ghamish uniquely. The ligature can be lowered to tune the reed while the cap protects the tip of the Ghamish as well as forms the reed back to its correct shape after use.

Ghamishes should be stored in well ventilated protective cases so that they can slowly dry after playing.

(2)

# Preparing the Ghamish



First remove the protective cap (Ptkal), and then loosen the tuning ligature (Parda) by pulling it towards the tip of the Ghamish.

Check the tip of the Ghamish, if the tip is partially open, then it can be played. If the Ghamish tip is closed, then pour water in a glass approximately 1 cm or 0.5 inches. Dip the Ghamish tip in the water for 10 seconds, and then close the cap firmly. Wait 10-15 minutes. You can now remove the cap and play the Ghamish.

By now, the Ghamish tip should be opened and ready for use. Note, really dry Ghamishes may require repeating this process once or twice until they fully open.

Generally, Ghamishes need to be broken in. Medium (#2) and Hard (#3) Ghamishes take about 10 to 15 days to break in. Start playing the new Ghamish only for 10-15 minutes at a time, and no more than 3-4 times a day.

**NOTE:** New Ghamishes open up faster and become hard quickly when playing.

(3)

## Preparing to Play



Keep the Ghamish tip towards you. The Nurwind logo should appear on top away from you. The wrapped string on the ligature (Parda) should stay on the right and face downwards away from the tip.



Now put the Ghamish between your lips approximately at a depth of 1cm or 0.5 inches from the Ghamish tip. Squeeze your lips on Ghamish tip lightly, blow up your cheeks with air and try releasing air small burst (poo), (poo), (poo), (poo). Do this in front of a mirror so you can see your fingers, cheeks and lips.

(4)

## Playing Continued



The left hand covers the top holes and the right hand covers bottom holes. Start by covering the back hole near the top with left thumb. Then place the left index finger on (#1), left middle finger on (#2), left ring finger on (#3). Put right thumb under keys (4 and 5). With your right hand, place the right index finger on key (#4), right middle finger on (#5), right ring finger on (#6), right pinky on (#7). Keys (#8) and back (#9) should remain open. When closing the holes, use the middle part of your finger as shown above.

The Ghamish can be tuned by adjusting the Ligature (Parda) as well as adjusting its height relative to the duduk. If desired, you can wrap paper at the end of the Ghamish and insert it in the duduk to make it flatter. Likewise, you can remove some of the string and make the reed sharper.

(5)

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